

**R. AUSTIN HEAFEY, M.A., M.A., PSY. D.**

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**EDUCATION/DEGREES EARNED**

<b>Doctoral Candidate, School of Professional Psychology, Clinical Psychology Program California Institute of Integral Studies (GPA: 3.54)</b>	<b>2010 - present</b>
Doctoral Candidate of Clinical Psychology (Psy D) – <i>completed all course requirements</i>	
Non-Terminal Masters in Clinical Psychology	2012
<b>Holy Names University, Oakland, CA</b>	<b>2008-2010</b>
Master of Arts - Counselling Psychology (graduated with Honors)	
Master of Arts - Forensic Psychology (graduated with Honors)	
<b>Northern Virginia Community College, Annandale, VA</b>	<b>2006-2007</b>
EMT –Intermediate (Emergency Medical Training)	
<b>Georgetown University Medical School</b>	<b>2005</b>
EMT-Basic – emergency medical training: basic	
<b>Georgetown University, Washington, DC</b>	<b>2000-2004</b>
Bachelor of Arts: History Major, Biology Minor	

**CLINICAL TRAINING**

*Over 4,000 hours of Pre/Post Doctoral Experience*

<b><u>PIEDMONT UNIFIED SCHOOL DISTRICT</u></b>	<b>Piedmont, CA</b>	<b>08/2014 – 06/2016</b>
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***Post Doctoral Intern***

Site 1: Piedmont Middle School

Site 2: Piedmont High School

Grades 6 – 12

Commonly Encountered Student Issues

- Academic Stress • Parent/Child Communication • Peer Relationships • Anxiety and Depression
- Grief and Loss • Substance Abuse • Resiliency and Self-Advocacy • Routinely lectured at the Piedmont Parent Network Training and Presentations • Presented didactics on Subject Specific • Participated
- Created Individualized Education Plan • Student Support Team and consulted with Special Master
  - *Treatment orientation's used: Cognitive Behavior Therapy, Psychodynamic, Play Therapy, Relational Therapy, Solution-Focused and Systems Theory*

<b><u>HIGHLAND HOSPITAL [Alameda Health System]</u></b>	<b>Oakland, CA</b>	<b>07/2013 – 07/2014</b>
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***Pre-Doctoral Intern***

**Department of Psychiatry**

***Human Rights Clinic***

- Treat inpatients and outpatients in the Human Rights Clinic suffering from severe Axis I and Axis II disorders.
- Work with Dr. Nicholas Nelson, MD (Human Rights Clinic Department Chair and Attending Physician) to evaluate, diagnose and treat patients (most common diagnosis: PTSD)
- Work with refugees and victims of crimes both foreign and domestic; provide weekly individual therapy as well as family therapy to the victims of torture currently seeking asylum in the United States.
- Prepared for court testimony at a patient's immigration hearing in February 2014
- Manage communications and therapy with a wide range of foreign patients encompassing 7 different languages. Successfully lead family therapy with a Mam speaking household, which requires translation from Mam to Spanish and then to English.

**Health Psychology Department**

**Inpatient**

- Consult with patient's medical team to improve treatment and ensure the highest quality of care through integrating bio-psychosocial therapeutic interventions while improving patient compliance and understanding.

- Rapid assessment and intervention for medically complex patient populations
- Trauma etiology; utilizing evidence based interventions with while implementing clinically validated assessment measures to track patient progress

#### **Outpatient**

- Conduct comprehensive personality and cognitive assessments in order to ensure patients receive the highest level of care. Implement an appropriate plan of care.
- Assess a patient population that is ethnically diverse, high need and low SES
- Assess short and long-term outpatient's with chronic medical and psychiatric pathology
- Implement psychodynamic, humanistic, existential, cognitive behavioral, and narrative therapeutic approaches, in addition to attachment theory and trauma-center interventions.

#### **Pathways Outpatient Mental Health Clinic, at Girls Inc.**

**August 2012-August 2013**

##### ***Advanced Psychology Trainee***

- Psychotherapy experience included: Family therapy, couples counseling, parent/guardian collaborative care, consultation and coordinated mental health recommendations for referrals unable to be seen by Pathways.
- Caseload consisted of female and males between the ages of 5 and 21.
- Proficient in medical billing, including initial assessment and progress notes
- Types of treatments used in working with children: play therapy, sand tray therapy and expressive arts
- Served as a source of referrals for clients unable to be seen at Pathways; familiar with the region mental health services available to the community.

#### **Pacific Institute at AgeSong**

**August 2011 – August 2012**

##### ***Psychology Trainee***

- Laguna Care Center (LGC) and Hayes Valley Center (HVC): Skilled nursing facility and residential care facility, respectively.
- Patient population experienced mild to severe cognitive disabilities
- Provided individual and group counseling, as well as participated with patient interventions in milieu setting
- Created and facilitated group to meet the unique needs of senior citizens: i.e incorporating speech therapy in a Bingo Group.

#### **Father Alfred's Center: Inpatient Drug and Alcohol Treatment Program**

**August 2009 – August 2010**

##### ***Forensic Psychology Trainee***

- Affiliated with St. Anthony's experimental program at center for males without housing, warrants, and health insurance
- Wrote a manual for group therapy, titled "Grief and Loss in Early Recovery: A practical Manual for those struggling during early recovery."
- Assisted staff with client advocacy matters involving diversity, sexuality, racism, classism,, and colorism

#### **St. Anthony's Foundation Counseling Interns Office**

**June 2009 – August 2010**

##### ***MFT-Trainee***

- Provided counseling services to the adult homeless population – both individual, family and couples therapy
- Applied several treatment modules including, but not limited to, Existential (Logo), Cognitive/Behavior, Humanistic, Psychoanalytical, Brief, Crisis and Bereavement Counseling/Therapy

#### **Emergency Medical Technician, Washington D.C., Virginia, Maryland**

**2006 – 2008**

##### ***EMT Trainee***

- Volunteered with various agencies, private and public, in cooperation with Fire and Rescue Personnel dispatched to scenes of emergencies
- Assessed the nature and extent of injuries and illnesses
- Provided appropriate emergency care, and determined transportation needs including management of airway/breathing problems; controlled bleeding and shock
- Worked with all members of population, from victims to perpetrators
- Trained in Psychiatric Emergency Interventions

#### **Northern Virginia Community College, Annandale, Virginia**

**2006 – 2007**

##### ***Continuing Education Instructor***

- Expanded and organizing CPR/BLS courses offered by the college

- Directed certification courses, including American Heart Association CPR/BLS training for emergency medical professionals and healthcare providers

**Saint Ignatius High School, San Francisco, California****Summer 2002***Teaching Assistant*

- Displayed excellent interpersonal skills and mastery of course material in teaching advanced placement Biology at a private high school during the summer session

**Oakland Hematology Clinic, Oakland, California****Summer 2001***Research Assistant*

- Led Literature Review of Hemochromatosis prevalence and etiology
- Assisted physicians with case study analysis: providing statistical and methodological research surrounding Hemochromatosis symptom presentations

**RESEARCH****Oakland Hematology Clinic****Summer 2001****Focus: Hemochromatosis Typy-III**

- Utilized research and analytical methods to review Type III Hemochromatosis case studies and perform comprehensive analysis of clinical evidence

**Accumulation of Methyl-Mercury in Feline Kidneys****2000**

Focus: Identifying Heavy Metal Accumulation in Feline Diets consisting of Shark

- Proposed independent hypothesis regarding accumulation of methyl mercury in filtering organs, namely liver and kidney, of animal with high trophic marine diets (cats); Analyzed trace methyl mercury levels in ppb with Fusion Gas Spectrum Chromatography, on Gas Spectrum instrument located at UCSB School of Medical Research; Completed nine-month certification in proper operation of Gas Spectrum Instrument; Won first-place at state and county.  
>Advisor: Cheryl Powers, Head of Sciences at Cate School, Carpinteria, CA and UCSB faculty

**TEACHING EXPERIENCE****California Institute of Integral Studies – Clinical Psychology****2013**

- Developed and presented a didactic on the psychology of genocide and the impact of war on populations.

**Northern Virginia Community College****2006-2007**

- CPR Instructor (American Heart Association and NVCC)
- Emergency Medicine: Continuing Education Instructor

**District of Columbia Community College****2006**

- EMT Assistant Teacher

**National Institute of Emergency Medical Services (NIEMS)****2005-2006**

- CPR Coordinator/BLS Education Coordinator

**Saint Ignatius High School****2002**

- Assistant AP Biology Instructor

**PROFESSIONAL CERTIFICATIONS**

- **Certified Phlebotomist Candidate**, N. Va Community College, Medical Education Campus **2007**
- **Certified IV Infusion Therapist Candidate**, N. Va Community College, Medical Education Campus **2007**
- **EMT-E Virginia State Certification**, N. Va Community College **2006**
- **Certified CPR Instructor**, AHA International Association of Registered CPR Instructors **2006**
- **International Trauma Life Support (ITLS) Advanced Certified**, **2006**
- **Pediatric Advanced Life Support (PALS) Certified**, American Heart Association **2006**
- **Advanced Cardiovascular Life Support (ACLS) Program National Certificate** **2006**
- **Basic Life Support Healthcare Provider (BLS/CPR) Certificate**, Georgetown University Medical School **2005**
- **NREMT-B** -- issued by US Department of Health, Washington DC **2005**
- **Fusion Gas Chromatography Certified Technician**, University of California at Santa Barbara **2000**